

479 Roosevelt Rd Glen
Ellyn, IL 60137
(630) 545-2401



Schedule as of September 1, 2023

Mon, Wed & Thu 4:00 – 8:10
Tue 11:30 – 8:10
Fri 4:00 – 7:10
Sat 9:00 – 1:30

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Class		Private Class	Private Class		9:10-9:55 WHITE TIGER DEMO TEAM
					10:00-10:30 TINY TIGER
					10:40-11:25 CHILD FUN CLASS
	11:30-12:15 ADULT&TEEN TKD & HKD				11:35-12:20 ADULT&TEEN TKD/HKD
	4:00 – 4:30 TINY TIGER		4:00-4:30 TINY TIGER		12:30-1:15 KUMDO
4:30 – 5:15 CHILD Black Belt	4:35– 5:20 CHILD TKD White-Blue	4:30 – 5:15 CHILD TKD Hi-Red-Black WEAPON	4:35 – 5:20 CHILD TKD White-Blue WEAPON	4:30 – 5:15 SPARRING Orange & Up	BIRTHDAY PARTY & SPECIAL EVENTS
	5:30 – 6:00 TINY TIGER				
5:25 – 6:10 CHILD TKD White – Blue	5:30-6:15 CHILD TKD Brown-Black	5:25 – 6:10 CHILD TKD White – Green	5:30 – 6:15 CHILD TKD Brown-Black WEAPON	5:25-6:10 CHILD Black Belt	
6:20-7:05 CHILD TKD Brown-Dep. 2	6:25– 7:10 FAMILY All Belts	6:20– 7:05 CHILD TKD Purple-Red WEAPON	6:25 – 7:10 FAMILY All Belts	6:20 – 7:05 POOMSE TEAM	
7:20– 8:05 ADULT&TEEN TKD/HKD	7:20 – 8:05 ADULT&TEEN TKD	7:20– 8:05 ADULT&TEEN HKD	7:20 – 8:05 ADULT&TEEN TKD/HKD		

Tiny Tiger (3-6) Family (All Ages) Teen (13 & Up) Adult (18 & Up): TKD = Taekwondo HKD = Hapkido

*Birthday Parties Available by Appointment

*Private lessons by Appointment Only

*Poomse Team

*Demo Team

*Master's Program

* Instructor's Program